

THE SHIP

— AT FRECKLETON —

BAR SNACKS & STARTERS

PRAWN COCKTAIL	9.75
Seafood sauce, dressed salad, gluten free bread	
ROASTED RED PEPPER HUMMUS (v)	8.15
Greek salad, feta, toasted gluten free bread (ve) on request	
ROASTED BUTTERNUT SQUASH & COCONUT SOUP (v)	7.40
Spiced crème fraîche, red pesto brushed bread (ve) on request	

MAINS & GRILL

BARBECUE GLAZED BACON CHOP	16.35
Jacket potato with crème fraîche & bacon, barbecue slaw, buttered corn	
SEA BASS NIÇOISE	17.00
Pan fried sea bass, green beans, red onion, mixed olives, cherry tomatoes, roasted new potatoes, baby gem, wholegrain mustard dressing, poached hens egg	
BUTTERNUT SQUASH RISOTTO (v)	16.35
Forest mushrooms, feta, poached hens' egg, pumpkin seeds (ve) on request	
MINTED LAMB RUMP	24.00
Summer greens fricassée, herb mash, mint lamb sauce	
10oz RUMP STEAK	25.50
Confit shallot, cherry tomatoes, roasted mushroom, garlic butter & parmesan chips	

Choice of sauce: Peppercorn / Red wine gravy

SALADS

TANDOORI CHICKEN	15.30
Mango, pomegranate, spinach, quinoa, sour cherries, roasted butternut squash, sun-blushed tomato, mint & tahini dressing	
GOAT'S CHEESE, BEETROOT & ORANGE (v)	14.75
Warm goats cheese, toasted pecans, roasted vegetables, sesame & orange dressing	
VEGAN BUDDHA BOWL (ve)	14.25
Falafel, roasted red pepper hummus, tabbouleh quinoa, miso sweet potato, sesame fried broccoli, gluten free bread	

Add: Grilled chicken breast +3.50 / Grilled halloumi (v) +3.50

LUNCH SANDWICHES

Served Mon to Sat, 12-5pm

CLUB SANDWICH 9.45

Roast chicken, bacon, cheddar cheese, fried egg, tomato, lettuce

PRAWN & AVOCADO 9.45

Marie rose sauce, baby gem lettuce

CAESAR SANDWICH 9.45

Poached chicken & bacon, Caesar sauce, chopped salad, parmesan

Add: Mug of soup (v) +3.00 / Cup of fries (ve) +2.50

SUNDAY ROAST

BRITISH ROAST BEEF 15.85 | ROAST CHICKEN 16.35

Roast potatoes, cauliflower purée, root crush, glazed carrots, seasonal greens, homemade gravy

GLUTEN FREE MENU

BURGERS & SANDWICHES

FRENCH DIP STEAK SANDWICH	17.00
Rump steak, Emmental cheese, fairground onions, Dijonnaise, dipping gravy, fries	
THE SHIP DOUBLE CHEESEBURGER	15.35
British beef, American cheese, Russian dressing, pickles, shredded lettuce, tomato, red onion, slaw, fries	
HALLOUMI BURGER (v)	15.35
Grilled halloumi, field mushroom, roasted red peppers, peri peri glaze, aioli, pickles, shredded lettuce, slaw, fries	
CAJUN CHICKEN BURGER	15.35
Grilled chicken breast, mint yoghurt, mango relish, pickles, tomato, red onion, shredded lettuce, slaw, fries	

Add: Streaky bacon +2.75 / Fried egg (v) +1.50
American cheese (v) +1.00

Upgrade: Filthy fries +2.25 / Posh chips (v) +2.25
Salt 'n' pepper fries (ve) +2.25

1/3 OFF MAINS EVERY TUESDAY

Includes sections:

Mains & Grill, Salads, Burgers & Sandwiches, Summer Kebabs

Lunch Sandwiches not included.

*Rump Steak £2 supplement. Available on tables up to 10 people.

SIDES

HAND-CUT CHIPS / FRIES (ve)	4.75
FILTHY FRIES WITH AIOLI & BACON	5.75
SALT 'N' PEPPER FRIES (ve)	5.75
POSH CHIPS WITH PARMESAN & TRUFFLE OIL (v)	5.75
JACKET POTATO, CRÈME FRAICHE & BACON	5.75
BUTTERY MASH (v)	4.75
SALT 'N' PEPPER BROCCOLI (ve)	5.75
BUTTERED GREENS (v)	5.75
HOUSE SALAD (ve)	5.25
GRAVY / RED WINE GRAVY	2.75
PEPPERCORN	2.75

DESSERTS

CHOCOLATE BROWNIE (v) 7.65

Chocolate sauce, vanilla ice cream

MANGO & LIME POSSET (v) 8.45

Crushed pavlova, passion fruit & pineapple salsa

DAIRY FARM ICE CREAM & SORBETS

Two Scoops 4.60 | Three Scoops 6.15

ICE-CREAM (v)

Vanilla | Chocolate | Strawberry | Clotted Cream

SORBET (ve)

Lemon | Mango | Raspberry