



THE SHIP

— AT FRECKLETON —

GLUTEN FREE MENU

STARTERS

- HALLOUMI FRIES 6.50 (v)**
Pomegranate, mint & aioli
- HUMMUS & CARAMALISED RED ONION 5.95 (ve)**
Gluten free garlic flatbread
- SOUP OF THE DAY 6.00 (v)**
Gluten free bread & butter
- CHICKEN LIVER PÂTÉ 6.75**
Red onion marmalade & gluten free bread
- THE SHIP PRAWN COCKTAIL 7.00**
Marie rose sauce, gluten free bread & butter

LUNCH MENU

Served Mon to Sat, 12-5pm

- PESTO CHICKEN SANDWICH 6.75**
Gluten free bread, buffalo mozzarella & sun blushed mayo
- Add: Mug of soup +3.00
- HAM & EGGS 9.00**
Honey roast ham, fried eggs & hand-cut chips

SALADS

- CHICKEN CAESAR SALAD 12.25**
Parmesan, bacon, anchovies, chicken breast, baby gem & Caesar dressing
- VEGAN BUDDAH BOWL 9.95 (ve)**
Herby quinoa, smashed avocado, roasted butternut squash, beetroot, tenderstem broccoli, roasted pumpkin seeds & gluten free garlic flatbread
- Add: Grilled Halloumi (v) +3.00 / Grilled chicken breast +3.00

ON THE SIDE

- CHIPS / SKIN ON FRIES (v) 4.00 | FILTHY FRIES WITH AÏOLI & BACON 4.50 | MIXED SALAD (ve) 4.00
- POSH CHIPS WITH PARMESAN & TRUFFLE OIL (v) 4.50 | HONEY ROASTED ROOTS 4.00

THE SUNDAY ROAST

Served every Sunday, 12-8pm

- ROAST OF THE DAY (Ask for details)
- BRITISH ROAST BEEF 13.00 | ROAST CHICKEN & STUFFING 13.25
- Roast potatoes, spring greens, carrot & swede crush, honey roasted parsnips & gravy

DESSERTS

- MILLIONAIRE BROWNIE 6.25**
Toasted marshmallow, caramel, honeycomb, butterscotch sauce & toffee-fudge ice cream
- DAIRY ICE CREAM & SORBET - TWO SCOOPS 3.50 / THREE SCOOPS 5.25**
Vanilla, double chocolate, toffee-fudge, clotted-cream, raspberry ripple, mint choc-chip or strawberry
Lemon, mango or raspberry

MAINS & GRILL

- VEGAN THAI GREEN CURRY 13.00 (ve)**
Roasted aubergine, chickpeas, green beans & tenderstem broccoli in a Thai green coconut sauce, gluten free garlic flatbread, lemon & coriander rice
- PAN FRIED SEA BASS 14.50**
Butter beans, fresh peas & parsley in a tomato cholula broth, roasted new potatoes & garlic aioli
- GAMMON & EGGS 12.50**
Fried eggs, hand-cut chips & roasted pineapple
- 10oz SIRLOIN STEAK 20.95**
Roasted tomato & mushroom, hand-cut chips & gluten free gravy

BURGERS & SANDWICHES

- FRENCH-DIP STEAK SANDWICH 13.00**
Sliced steak, vintage cheddar, onion chutney, mustard mayo, gluten free bread, dipping gravy & skin on fries
- SHIP DOUBLE CHEESEBURGER 12.50**
8oz British beef, vintage cheddar, gluten free bun, gherkins, burger sauce, lettuce, coleslaw & skin on fries
- DOUBLE BLUE CHEESE & BACON BURGER 14.00**
8oz British beef, gluten free bun, gherkins, lettuce, peppercorn sauce & skin on fries
- Add: Streaky Bacon +1.95 / Fried Egg +1.50 / Halloumi (v) +3.00 / Blue Cheese +1.70 / Sliced Avocado (v) +1.95
- Upgrade: 'Filthy Fries' +1.50 / Posh Chips (v) +1.50